

# Bulletin

## Community Based Rehabilitation Workers

Publication of the Don Bosco Salesianes Palabek



### Behind the Scenes Mobility Challenges on Every Level

Standard wheelchairs are often unsuitable here. Rough terrain causes rapid wear and frequent breakdowns. To truly support people with disabilities in the refugee settlement site Palabek, durable and specially adapted wheelchairs are essential for mobility, independence, and daily life.

### Numbers, that tell a story Fact & Figures

- ✳ **170** children are receiving regular care
- ✳ **88%** are suffering from incurable conditions
- ✳ **10** hospital transfers were carried out in this quarter

Source: CBRW 1st Quarter Report 2026



### Story of Hope

## A NEW BEGINNING FOR A GIRL CALLED BLESSING

Blessing was born with multiple impairments affecting her mobility, speech, and hearing. For four years, she spent most days sitting or being carried by her mother and siblings. Many in the community believed she would never achieve anything in life. Her mother, Susan, refused to give up despite threats and violence from Blessing's father.

One day, CBR workers identified and assessed Blessing, and her mother enrolled her in the program. Through daily exercises, assistive devices, and home-based support, Blessing gained strength, balance, confidence, and the ability to stand and walk without support. Sometimes she is even running a bit! Today, her future is brighter.

### Community Based Rehabilitation Workers (CBRW)

Currently, three trained nurses, a driver and a translator are working as CBRW at Don Bosco Palabek. In addition to providing both mobile and facility - based rehabilitation for children, they conduct comprehensive health check-ups, give treatment and when necessary, arrange and carry out hospital transfers.

## People in Focus

## ATILO AROO ALAU WAS BORN TO HELP AND SERVE OTHERS



I am a 28-year-old enrolled nurse and one of the Don Bosco sponsorship beneficiaries, currently working as a Community Based Rehabilitation Worker in Palabek. Looking back, my life was filled with many challenges. I believe that living for others is a law of nature and the key to overcoming life's difficulties.

"Rivers do not drink their own water, trees do not eat their own fruit, and flowers do not spread their fragrance for themselves."

Another inspiration is the nursing motto: "Called to love and serve." I carry this in my heart whenever I work in the community, supporting children, elderly people, and persons with disabilities through a holistic approach. My work includes physical, psychological, social, spiritual, family, and cultural support, while also encouraging inclusive education for children with disabilities.

I believe communities become stronger when people respond positively to God's call to serve others. I was born to help others, no matter how difficult it may be. Life is good when you are happy, but it becomes even better when others are happy because of you.

## Moments of Humanity

## QUIET MOMENTS OF CARE

After hours in the fields, children arrive with cuts and infected wounds on their feet and legs. A short touch, a smile, fresh dressings, then the evening continues. In the refugee settlement, humanity often lives in these quiet moments. Despite everything, it is a peaceful end to the day for everyone involved, including the CBRW team.



## Looking Ahead

## HOME-BASED WORK NETWORK FOR MOTHERS

Mothers of children with disabilities are often confined to their homes, limiting their ability to work and earn income. To support them, we are planning a home-based work network.

DB Palabek will gladly purchase their products at fair prices, helping to create dignity, income, and greater independence for these families.



### The Salesians of Don Bosco in Palabek

The Salesians of Don Bosco have been active in Palabek since 2017, with a community of 4 – 6 members. Together with local staff, they support refugees in rebuilding their lives and finding new perspectives. Their work is funded through donations and partly through government development cooperation programs.

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