

Bulletin

Community Based Rehabilitation Workers

Publication of the Don Bosco Salesianes Palabek



Behind the Scenes Reaching Our Clients

Following up on prescribed treatments, medication, and therapy is demanding but essential. CBRWs visit clients in their homes whenever possible to encourage, inform, and support them. Not all clients can always be reached, some relocate to other areas, and we lose contact with them permanently. This is a reality that must be accepted.

Numbers, that tell a story Fact & Figures

- ✳ **1** motorcycle is used for client follow-up visits
- ✳ **2** days per week are available for home visits
- ✳ **3** different languages are required for effective communication

Source: CBRWs



Story of Hope

PHYSIOTHERAPY AND PARENT EMPOWERMENT

Over the past years, Don Bosco Palabek has established and equipped two physiotherapy rooms. Three days a week, children with disabilities and their parents are transported by a Don Bosco vehicle to these facilities. Besides therapy for the children and practical guidance for parents on how to continue the exercises at home using simple means, a major focus is

the exchange among parents and with the Community-Based Rehabilitation Workers (CBRWs). Parents share practical advice, encourage one another, and offer hope. In addition, the CBRWs provide information on hygiene, early detection of illnesses, and related topics. This has created a small second family that provides support, strength, and hope in daily life.

Community Based Rehabilitation Workers (CBRW)

Currently, three trained nurses, a driver and a translator are working as CBRW at Don Bosco Palabek. In addition to providing both mobile and facility - based rehabilitation for children, they conduct comprehensive health check-ups, give treatment and when necessary, arrange and carry out hospital transfers.

People in Focus

AMOS WAITATHU: EVERY CHILD DESERVES A CHANCE TO HEAL



I am a 26-year-old nurse working at Don Bosco Palabek. My work is centered on assessing, treating, and walking alongside children who need more than we can provide on site. For me, nursing is not just about treatment – it's about dignity, follow-up, and making sure families feel supported through the whole process.

"Do not withhold good from those to whom it is due, when it is in your power to act." (Prov. 3:27)

Every day I see how early assessment and a calm presence can change a child's outcome. I work closely with CBR workers, families, and hospital teams so that no child gets lost between the centre and referral facility.

I believe every child, like anybody else, deserves a chance to heal and live without pain. My faith keeps me grounded, and my hope is that through careful care and timely referrals, more children in Palabek can grow up healthy and free.

Every act of love counts, and it does not go in vain. Together, we can make sure that every child gets the care they need, when they need it. "Whatever you did for one of the least of these brothers and sisters of mine, you did for me." (Matthew 25:40)

Moments of Humanity

QUIET MOMENTS OF CARE

There are moments in our work when the suffering of children leaves us speechless and discouraged. Yet we know we are supported by many people around the world. Recently, we were touched by a generous donation from Argentina for wheelchairs and beds for young people with disabilities. Such signs of international humanity give us strength.



Source: AI, to protect the privacy of the individuals

Looking Ahead

EBOLA ALERT IN THE REGION

A few weeks ago, an Ebola outbreak occurred in neighboring Congo, causing hundreds of deaths. Few cases have also been reported in Uganda.

The authorities are taking action, e.g. weekly markets are currently suspended in some areas. Let us remain calm but vigilant, take care of ourselves and others, and remember that prevention is always better than cure.

The Salesians of Don Bosco in Palabek



Don Bosco Palabek
Rebuilding Lives

The Salesians of Don Bosco have been active in Palabek since 2017, with a community of 4 – 6 members. Together with local staff, they support refugees in rebuilding their lives and finding new perspectives. Their work is funded through donations and partly through government development cooperation programs.

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